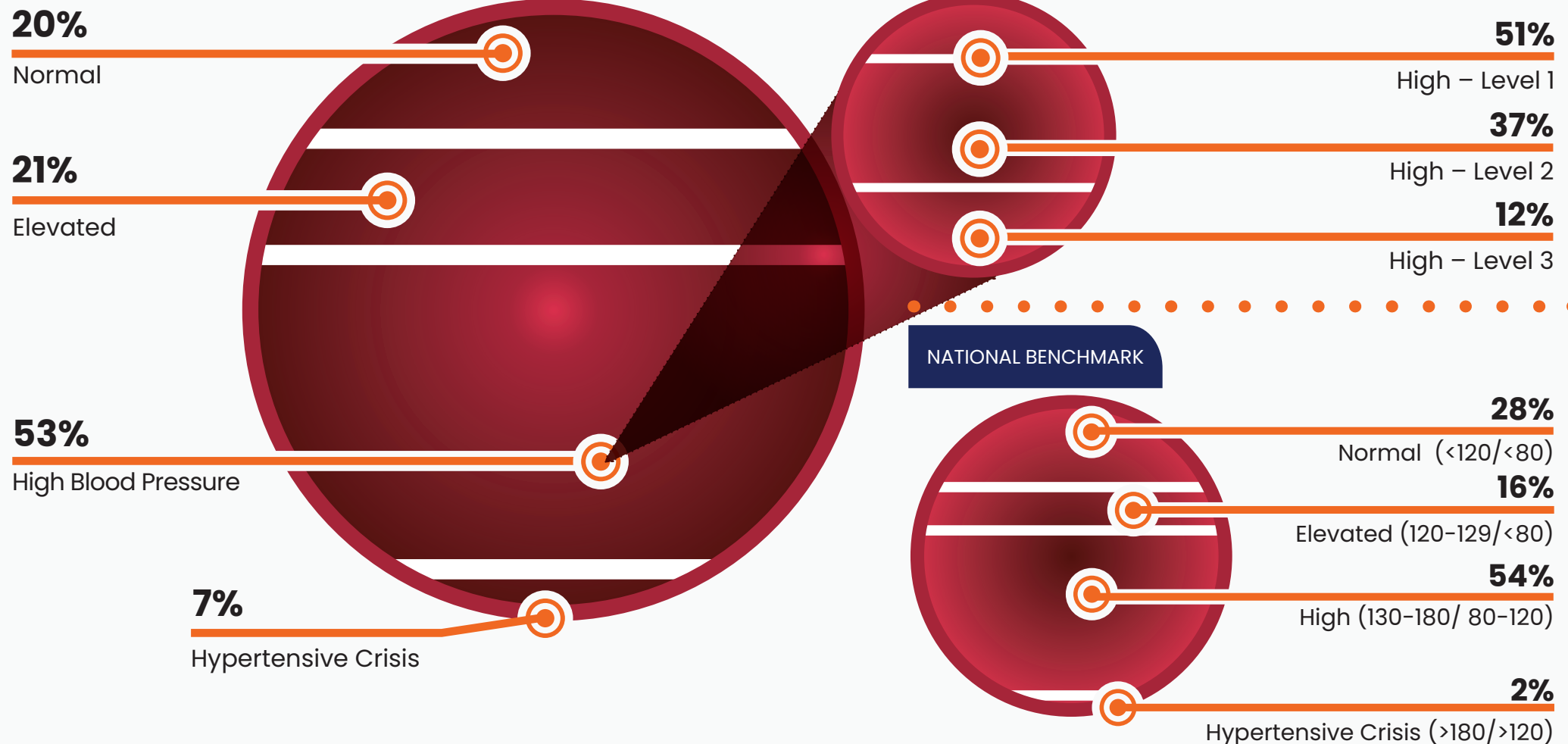


SITE BLOOD PRESSURE RESULTS (97 TESTED)



22% of those with a Blood Pressure reading of **High** or above were on blood pressure medication at the time, **compared to 33% of those tested nationally.**



Of the 97 tested only

19

had a "normal" Blood Pressure reading.

BLOOD PRESSURE BY AGE BAND (%)

	35 and under	36-49	50 and over
Hypertensive Crisis	0%	12%	11%
High – Level 3	3%	0%	13%
High – Level 2	9%	24%	26%
High – Level 1	24%	32%	26%
Elevated	29%	24%	11%
Normal	35%	8%	13%

46 out of the **97 tested** (that's 47%) said that either it's been more than a year or they couldn't recall the last time they had their blood pressure tested.

Did you know?

High blood pressure, or hypertension, often has no obvious symptoms but significantly increases the risk of serious health problems. Left untreated, it can damage the heart, brain, kidneys, and blood vessels, leading to heart attacks, strokes, kidney disease, and other life-threatening conditions.

Because it usually develops slowly and silently, many people don't realise they have high blood pressure until major damage has already occurred. Regular checks are essential to catch it early and manage the risk.