

**GOVERNMENT
HEALTH AND SAFETY
LEAD**

DIRECTOR'S UPDATE

WELLBEING, HEALTH AND SAFETY BY DESIGN 2023 - ANNUAL PUBLICATION

As most of you will be aware, the GHSL is creating a yearly sector publication to highlight the good work our member agencies are doing in health, safety and wellbeing. We have been reaching out to agencies to identify and to help develop case-studies to share your success stories.

For those of you who don't already have a case study identified, please have a think about initiatives that can be shared and celebrated across the sector. Some initiatives may only be partly implemented or may need a second iteration and this is fine – we're interested in sharing ideas, learnings, challenges and early observations, not just successes.

We'll be linking in with the Public Communications Head of Profession to help support the creation of the publication and hope to have a draft ready in January, for publication in February.

Do you have new starts or staff moving on to new roles?

Drop us a quick email to let us know so we can keep our records up to date - ghsl@mpi.govt.nz

GHSL INTERN ALUMNI EVENT

100

This year our summer internship programme has passed the 100 mark, with 102 interns now having participated. To celebrate this milestone the GHSL will be hosting an Intern Alumni Event on 24th January 2024. Current and previous interns will be invited to an afternoon tea, along with managers from the agencies that have been involved. It will be a fantastic chance to network and celebrate the contribution this programme and all the interns have made to Health, Safety and Wellbeing across the public sector. For more information please contact Debbie Bridge

- deborah.bridge@mpi.govt.nz

NEW MEMBER



This month we are excited to welcome MOTAT (Museum of Transport and Technology) onboard.

HEALTH & SAFETY REPRESENTATIVES CONFERENCE AND AWARDS EVENT 2024

I am delighted to confirm the 2024 Conference will be held on 6th June 2024 at Shed 6 in Wellington. Whilst it was great to see the support for the 2023 Conference and Awards Event, which was at capacity with 400 attendees, I am very aware that the public sector is facing some significant budget constraints. For this reason, I have made the decision to host a slightly smaller Conference, with a maximum capacity of 320. I have also shifted to a later start time, which will allow for people to fly into Wellington on the morning of the Conference, reducing the need for overnight accommodation for those travelling from around the country. This year's Conference theme will be "Worker Participation, Engagement and Representation" and we already have some great speakers lined up.

Nominations for Health and Safety Representative Awards

Nomination requests for the Health and Safety Representative of the Year Awards will be sent out in December, so start thinking about the H&S Reps in your agency who have been going above and beyond over the last year – and don't forget that for the first time, we will also have a Team Award up for grabs, recognising that sometimes the best work is undertaken by people working in collaboration with each other.



WELLNESS INITIATIVE - STROKE FOUNDATION OF NEW ZEALAND

Health15 is an occupational health initiative developed by the Stroke Foundation of New Zealand in response to the 9,500 strokes that occur in New Zealand each year. It goes beyond the usual "test and leave" approach and supports employees to think about wider improvements to their health and lifestyle. Engagement starts with a simple blood pressure test which is non-invasive and non-threatening. High blood pressure is a 'silent killer' with no obvious signs but easily managed when identified, making it the perfect reason to start a wellness conversation with employees. Read more about Health15 [here](#)

