



Government
Health & Safety Lead



MENTALLY HEALTHY WORK COMMUNITY OF PRACTICE



What is the MHW community of practice?

The Mentally Healthy Work Practitioners' Community of Practice is a forum for public service practitioners who lead or support their agency's efforts relating to wellbeing, psychological health and safety, or mentally healthy work. This is a forum to hear from thought-leaders and experts, share current practice in our agencies, as well as discuss challenges, ideas, and insights from our work and current thinking in the field.

This is a welcoming and supportive community to build understanding in the field and discuss ideas and challenges amongst peers.

The forum has a rotating Chair, currently assigned to mental health Leads from the Government Health and Safety Lead, Kainga Ora, Ministry of Health and NZ Police.



Who is this for?

This forum is best suited to Practitioners or Leads from Health and Safety, Human Resources, and Organisational Development teams who lead or are involved in activities that support the mental health and wellbeing of workers.

- All levels of experience are welcome
- Limited to public servants



What topics are discussed?

Topics of discussion will vary from forum to forum and may have a stronger 'wellbeing' or psychosocial risk management focus in some. Guest speakers will be selected for both their thought leadership and experience, as well as the diversity of thought they may bring to this area.

Agency speakers will share insights into their current focus and activities or progress in their agencies - topics will vary from agency to agency.

There is also an open discussion component for members to discuss any relevant topics or matters of interest.



When and where is it?

Forums are held monthly via MS Teams. Please email GHSL@mpi.govt.nz to receive the meeting invitation or for any queries.